



# WEEKLY SWIMMING REPORT

Week 2 – For meets through 11/8/09

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Standings	Overall	HVWAC	Pct.	GB	Streak	Home	Away	Neutral
1. Sarah Lawrence	2-0	1-0	1.000	---	W2	2-0	0-0	0-0
St. Joseph's	1-0	1-0	1.000	---	W1	0-0	1-0	0-0
3. New Rochelle	1-3	0-2	0.000	1.5	L3	1-2	0-1	0-0

## SWIMMER OF THE WEEK

**Rachel Schneider** • Sarah Lawrence College  
*Senior • Nantucket, MA (Nantucket HS)*

Rachel Schneider has been selected as this week's HVWAC Swimmer of the Week. Swimming in her first meet of the season against Mount Saint Vincent after missing two weeks of action, Schneider took first in her two individual events, the 100 Free (1:05.52) and the 100 IM (1:14.87) both conference best times this season. The senior also contributed amazing split times to the relays, which took first in both events, helping to lower the bar the Gryphons had set the week prior.

## ROOKIE OF THE WEEK

**Jamie Colburn** • College of New Rochelle  
*Freshman • Agawam, MA (Agawam HS)*

Jamie Colburn has been selected as HVWAC Swimming Rookie of the Week for the second week in a row. In the conference dual against St. Joseph's, the freshman took first in two individual events – the 500 free (7:19.34) and 200 free (2:42.99) and placed second in the 100 free (1:18.30).

## HONOR ROLL

**Kristen McMaster** • St. Joseph's College  
*Sophomore • Brooklyn, NY (Fontbonne)*

McMaster picked up wins against New Rochelle in the 50 Free (30.52) and 100 Free (1:09.28) and turned in a great opening split in the 200 Free Relay (2:06.48).

Recent Results	This Week's Meets
11/06 <i>St. Joseph's 133, New Rochelle 113</i>	11/9 <i>New Rochelle 105, Mount Saint Vincent 148</i>
11/07 <i>Sarah Lawrence 150, Mount Saint Vincent 105</i>	11/12 <i>Sarah Lawrence vs. Mount Saint Mary</i>
	11/13 <i>New Rochelle at St. Elizabeth</i>
	11/14 <i>Sarah Lawrence vs. St. Joseph's</i> <i>Sarah Lawrence vs. Brooklyn</i>
	<i>Conference meets in italic</i>



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## TOP CONFERENCE TIMES

Event	Date	School	Swimmer	Time
200 Medley Relay	11/7/09	SLC	Sarah Lawrence S. Leatherbarrow/C. Griffin/ R. Schneider/E. Gosselin	2:11.76
500 Free	11/7/09	SLC	Catie Griffin	6:24.19
200 IM	11/1/09	SLC	Hannah Sabet	2:42.83
100 Free	11/7/09	SLC	Rachel Schneider	1:05.52
50 Back	11/1/09	CNR	Katie Brochu	35.41
50 Breaststroke	11/7/09	SLC	Catie Griffin	36.83
100 Fly	11/6/09	CNR	Olga Miedzybrodzka	1:16.98
50 Free	11/1/09	SLC	Emily Gosselin	30.28
100 Back	10/30/09	CNR	Katie Brochu	1:16.87
100 IM	11/7/09	SLC	Rachel Schneider	1:14.87
200 Free	11/7/09	SLC	A. Hellauer	2:36.96
50 Fly	11/6/09	CNR	Olga Miedzybrodzka	34.74
100 Breaststroke	11/1/09	SLC	Catherine Griffin	1:18.93
200 Freestyle Relay	11/7/09	SLC	Sarah Lawrence E. Gosselin/E. Brandli/ A. Hellauer/S. Leatherbarrow	2:03.29

*New conference best times set this week highlighted in yellow.*

## WEEKLY ACCOLADES LIST

	Player of the Week	Rookie of the Week	Honor Roll
Week 1 (10/26-11/1)	<b>Emma Forrester</b> Sarah Lawrence	<b>Jamie Colburn</b> New Rochelle	<b>Mattie Hagerty</b> Sarah Lawrence
Week 2 (11/2-11/8)	<b>Rachel Schneider</b> Sarah Lawrence	<b>Jamie Colburn</b> New Rochelle	<b>Kristen McMaster</b> St. Joseph's