



WEEKLY BASKETBALL REPORT

Week 4 – For games through 12/6/09

Anthony Macapugay • Sports Information Director
 web: www.hvwac.net • e-mail: sportsinfo@hvwac.net
 voice: (347) 559-0509 • fax: (914) 373-5803

Standings	Overall	HVWAC	Pct.	GB	Streak	Home	Away	Neutral
1. St. Joseph's	4-4	1-0	1.000	---	L1	2-1	1-1	1-2
2. Yeshiva	2-7	1-1	0.500	0.5	W1	2-3	0-4	0-0
3. Albany Pharmacy	2-6	0-0	0.000	0.5	L1	2-2	0-3	0-1
4. New Rochelle	1-7	0-1	0.000	1.0	L7	1-4	0-2	0-1

CO-PLAYERS OF THE WEEK

Kelly VanValkenburgh • Albany College of Pharmacy
 Senior • Guard • Hunter, NY (Colonie HS)

Kelly VanValkenburgh has been selected as this week's HVWAC Basketball Co-Player of the Week. The senior guard averaged 22.6 points and 6.0 rebounds in a week that saw the Panthers go 1-2. Against RPI, the Hunter, NY native poured in a game-high 24 points and grabbed nine rebounds. She followed it two days later with a 26 point performance, which included four triples (all in the first half), leading ACPHS to a 78-62 victory over SUNY Morrisville.

Lauren Kempin • Yeshiva University
 Senior • Center • Fairlawn, NJ (Frisch)

Lauren Kempin has been selected as this week's HVWAC Basketball Co-Player of the Week. The senior center narrowly missed a triple-double in a win against New Rochelle, falling one block shy, amassing 23 points, 18 rebounds and nine blocks. For the week where Yeshiva had four games, Kempin averaged a double-double, 11.5 points and 10.3 rebounds, while shooting 39.1 percent from the floor.

ROOKIE OF THE WEEK

Elizabeth Johnston • College of New Rochelle
 Freshman • Center/Forward • Plano, TX (John Paul II)

Elizabeth Johnston has been selected as HVWAC Basketball Rookie of the Week for the third time this season. Over a long four-game stretch this week, the freshman center/forward recorded two double-doubles, averaging 13.5 points and 8.5 rebounds. The highlight of her week was a 20 point, 13 rebound effort in a loss to Yeshiva in the consolation of the Dr. Betty Shabazz tournament.



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Recent Results	This Week's Games
12/1 Albany Pharmacy 59, RPI 80 New Rochelle 22, SUNY-Morrisville 59 Yeshiva 66, Mount Saint Vincent 102 12/3 Yeshiva 50, Old Westbury 90 Albany Pharmacy 78, SUNY-Morrisville 62 New Rochelle 43, Bard 60 St. Joseph's 66, Fisher 45 12/5 New Rochelle 28, City Tech 47 Yeshiva 57, Medgar Evers Tournament 74 St. Joseph's 64, Southern Vermont 39 Albany Pharmacy 53, Canton 66 12/6 Yeshiva 76, New Rochelle 52	12/08 New Rochelle vs. City Tech St. Joseph's 46, Brooklyn 77 12/09 Albany Pharmacy at Mass. Liberal Arts Yeshiva vs. Farmingdale 12/11 Albany Pharmacy vs. Buffalo State 12/12 New Rochelle at Purchase St. Joseph's vs. St. Joseph's – LI HVVAC denotes conference games

	Player of the Week	Rookie of the Week	Honor Roll
Week 1 (11/9-11/15)	Kelly VanValkenburgh Albany Pharmacy	Elizabeth Johnston New Rochelle	Avigail Varnai Yeshiva
Week 2 (11/16-11/22)	Avigail Varnai Yeshiva	Elizabeth Johnston New Rochelle	Ashley McQuillan St. Joseph's
Week 3 (11/23-11/29)	Shir Fuchs Yeshiva University	Robin Darville St. Joseph's	---
Week 4 (11/30-12/6)	Kelly VanValkenburgh Albany Pharmacy Lauren Kempin Yeshiva University	Elizabeth Johnston New Rochelle	---